

**SCRUTINY BOARD**  
**(HEALTH AND WELL-BEING AND ADULT SOCIAL CARE)**

**31 JULY 2013**

**Item 8 – Request for Scrutiny – Men’s Health**

To assist the Board’s consideration of the Request for Scrutiny around Men’s Health, the following brief public health intelligence comments have been provided through the office of Leeds’ Director of Public Health:-

- Generally men’s health is worse than women’s.
- Men live shorter less healthy lives than women.
- There is a higher prevalence of alcohol use<sup>1</sup> and smoking<sup>2</sup> in men.
- Men contact health services less often and at a later stage of illness<sup>3</sup>.
- Men are admitted to hospital more frequently as a result of their health reaching a crisis point, for instance the rates of revascularisation in men are higher than in women<sup>4</sup>.
- High rates and levels of alcohol use convert to higher rates of hospital admission for alcohol specific and alcohol related harm<sup>5</sup>.
- A higher proportion of men than women die from cancer, circulatory disease and respiratory disease prematurely<sup>6</sup>.
  
- Life expectancy for men in Leeds is lower than the national average ranking in the middle fifth compared to other parts of England.
- Of greater concern is the gap between lowest and highest life expectancy for men in Leeds, we rank in the top fifth nationally highlighting the wide gap in health inequalities<sup>7</sup>.

**Please note:** Should the Scrutiny Board decide to accept the request for scrutiny and consider issues around Men’s Health in Leeds in more detail, it is likely that some/ all of the above points will be considered in more detail as part of any inquiry undertaken.

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<sup>1</sup>LA alcohol profiles ([here](#))

<sup>2</sup> Annual Report of the Director of Public Health in Leeds 2012: Facts and Figures ([here](#))

<sup>3</sup> Late diagnosis for testicular cancer ([here](#)) and draft results of Leeds Citizen Panel Survey 2013 ([here](#)) not significant difference but a higher percentage of women surveyed use their GP

<sup>4</sup> CVD Profiles ([here](#))

<http://www.sepho.org.uk/NationalCVD/NationalCVDProfiles.aspx>

<sup>5</sup> Annual Report of the Director of Public Health in Leeds 2012: Facts and Figures ([here](#))

<sup>6</sup> Annual Report of the Director of Public Health in Leeds 2012: Full data set and atlas ([here](#))

(Under 75s mortality rate charts to support this document are here [L:\PUBLIC HEALTH INTELLIGENCE\Frank's working files\HWB Scrutiny 20130731](#))

<sup>7</sup> Marmot Review Indicators ([here](#))